



NEUROCOMB25®



Bonsai Executive Coaching™ Certification. 10CCE (7 CC+3 RD)



Bonsai Thinking™: The Science of Learning, Unlearning, and Relearning

Date, Instructor	Time	Agenda
<p>May 9, Saturday Aleksandra Halchenko</p>	<p>14:00- 16:15 UK Time</p>	<p><u><i>Introduction to Bonsai Thinking™</i></u> Objectives and Outline Orientation and “Think like a Bonsai Master” Introduction to Bonsai Executive Coaching for Learning, Unlearning, and Relearning. <u><i>Introduction to the Elements of Bonsai Thinking™ (Watering, Fertilising, Pruning, Wiring, Positioning)</i></u> (RD)</p> <p>LEARNING 1) WATERING Powerful Coaching Questions for Watering 2) FERTILISING Powerful Coaching Questions for Fertilising UNLEARNING</p>



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<p>May 10, Sunday Aleksandra Halchenko</p>	<p>14:00-16:15 UK Time</p>	<p>3) PRUNING Powerful Coaching Questions for Pruning RELEARNING</p> <p>4) WIRING Powerful Coaching Questions for Wiring</p> <p>5) POSITIONING Powerful Coaching Questions for Positioning (CC)</p> <p>What is a Learning-Unlearning-Relearning Cycle? <u>Tools</u> Coaching Tools for Learning Coaching Tools for Unlearning Coaching Tools for Relearning <u>Models</u> Coaching Models for Learning Coaching Models for Unlearning Coaching Models for Relearning (0.75 CC, 0.25 RD)</p> <p><u><i>Introduction to the Elements of Systems</i></u> <u><i>Thinking for the Science of Learning</i></u> LEARNING</p> <p>1) INTERCONNECTEDNESS Powerful Coaching Questions for Interconnectedness</p> <p>2) SYNTHESIS</p>
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Powerful Coaching Questions for Synthesis
UNLEARNING
 3) EMERGENCE
 Powerful Coaching Questions for Emergence
RELEARNING
 4) CAUSALITY
 Powerful Coaching Questions for Causality
 5) FEEDBACK LOOPS
 Powerful Coaching Questions for Feedback
 Loops
(0.75 CC, 0.25 RD)

May 16, Saturday
Aleksandra
Halchenko

14:00-
16:15 UK
Time

Introduction to a 3D Format™
 From a Trilogy of Mind to a Trilogy of Education:
 From Cognition-Affection-Conation to Cognitive,
 Affective, and Conative Neuroscience. Introducing
 Cognitive, Affective, and Conative Neuroscience
 into Coaching Conversations.



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Introducing “The Content of Change -The People of Change -The Process of Change” into Coaching Conversations.

(RD)

1)The Content of Change in

1D Cognitive Neuroscience:

Direct Link to Education through Brain Optimisation (Metacognitive Strategies for Brain Optimisation)

Metacognitive Coaching Questions for Brain Optimisation

Practical Coaching Conversations around Brain Optimisations

Indirect Link to Education through Psychology (Metacognitive Strategies for Executive Functioning)

Metacognitive Coaching Questions for Executive Functioning

Practical Coaching Conversations around Executive Functioning

Meta-Motivation (Attention Regulation, Delayed)

Meta-Motivational Coaching Questions
Practical Coaching Conversations around Meta-Motivation

Linking Cognitive Neuroscience to **Learning**
–Powerful Coaching Questions



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<p>May 17, Saturday Aleksandra Halchenko</p>	<p>14:00- 16:15 UK Time</p>	<p>2D Affective Neuroscience (Happiness): <i>Direct Link to Education through Hedonia</i> <i>Coaching Questions on Hedonia</i> Practical Coaching Conversations around <i>“Happiness in Learning”</i> <i>Indirect Link to Education through</i> <i>Eudaimonia</i> <i>Coaching Questions on Eudaimonia.</i> Practical Coaching Conversations around <i>“Happiness for Learning”</i> Linking Happiness Studies to Unlearning – Powerful Coaching Questions (0.5 CC, 0.5 RD)</p> <p>3D Conative Neuroscience (Future): Direct Link to Education through Futures Literacy <i>(a shift from knowledge consumer to knowledge</i> <i>creator)</i> Coaching Questions on Futures Literacy Practical Coaching Conversations around Futures Literacy Indirect Link to Education through Systems Thinking <i>(leveraging pre-existing knowledge to</i> <i>create new knowledge)</i></p>
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<p>May 23 Saturday Aleksandra Halchenko</p>	<p>14:00- 16:15 UK Time</p>	<p>Coaching Questions on Systems Thinking Practical Coaching Conversations around Systems Thinking</p> <p>Linking Future Studies to Relearning —Powerful Coaching Questions (1.5 CC, 0.5 RD)</p> <p>Linking Cognitive Neuroscience to Learning — Powerful Coaching Questions Linking Affective Neuroscience (Happiness) to Unlearning —Powerful Coaching Questions Linking Conative Neuroscience (Future) to Relearning —Powerful Coaching Questions</p> <p>Connecting the Dots. Bonsai Executive Coaching™ Initial session with a new client. Bonsai Executive Coaching™ Ethics Protocol (Signing) Pre-Session Reflection Questions Goal Setting. Managing Bonsai Coaching Engagement. Cognitive, Affective, Conative Sessions Review Sessions Coaching Practice and The Final Oral Assessment (Initial Session) Explanation. (1.5 CC, 0.5 RD)</p>
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