



NEUROCOMB25®



Bonsai Executive Coaching™ Certification. 10CCE (7 CC+3 RD)



Bonsai Thinking™: The Science of Learning, Unlearning, and Relearning

Date, Instructor	Time	Agenda
<p>March 21, Saturday Aleksandra Halchenko</p>	<p>14:00-16:15 UK Time</p>	<p><u><i>Introduction to Bonsai Thinking™</i></u> Objectives and Outline Orientation and “Think like a Bonsai Master” Introduction to Bonsai Executive Coaching for Learning, Unlearning, and Relearning. <u><i>Introduction to the Elements of Bonsai Thinking™ (Watering, Fertilising, Pruning, Wiring, Positioning)</i></u> (RD)</p> <p>LEARNING 1) WATERING Powerful Coaching Questions for Watering 2) FERTILISING Powerful Coaching Questions for Fertilising UNLEARNING</p>



NEUROCOMB25®



<p>March 22, Sunday Aleksandra Halchenko</p>	<p>14:00-16:15 UK Time</p>	<p>3) PRUNING Powerful Coaching Questions for Pruning RELEARNING 4) WIRING Powerful Coaching Questions for Wiring 5) POSITIONING Powerful Coaching Questions for Positioning (CC)</p> <p>What is a Learning-Unlearning-Relearning Cycle? <u>Tools</u> Coaching Tools for Learning Coaching Tools for Unlearning Coaching Tools for Relearning <u>Models</u> Coaching Models for Learning Coaching Models for Unlearning Coaching Models for Relearning (0.75 CC, 0.25 RD)</p> <p><i><u>Introduction to the Elements of Systems</u></i> <i><u>Thinking for the Science of Learning</u></i> LEARNING 1) INTERCONNECTEDNESS Powerful Coaching Questions for Interconnectedness 2) SYNTHESIS</p>
--	-----------------------------------	--



NEUROCOMB25®



<p>March 28, Saturday Aleksandra Halchenko</p>	<p>14:00- 16:15 UK Time</p>	<p>Powerful Coaching Questions for Synthesis UNLEARNING 3) EMERGENCE Powerful Coaching Questions for Emergence RELEARNING 4) CAUSALITY Powerful Coaching Questions for Causality 5) FEEDBACK LOOPS Powerful Coaching Questions for Feedback Loops (0.75 CC, 0.25 RD)</p> <p><i><u>Introduction to a 3D Format™</u></i> From a Trilogy of Mind to a Trilogy of Education: From Cognition-Affection-Conation to Cognitive, Affective, and Conative Neuroscience. Introducing Cognitive, Affective, and Conative Neuroscience into Coaching Conversations.</p>
---	--	---



NEUROCOMB25®



Introducing “The Content of Change -The People of Change -The Process of Change” into Coaching Conversations.

(RD)

1)The Content of Change in

1D Cognitive Neuroscience:

Direct Link to Education through Brain Optimisation (Metacognitive Strategies for Brain Optimisation)

Metacognitive Coaching Questions for Brain Optimisation

Practical Coaching Conversations around Brain Optimisations

Indirect Link to Education through Psychology (Metacognitive Strategies for Executive Functioning)

Metacognitive Coaching Questions for Executive Functioning

Practical Coaching Conversations around Executive Functioning

Meta-Motivation (Attention Regulation, Delayed)

Meta-Motivational Coaching Questions
Practical Coaching Conversations around Meta-Motivation

Linking Cognitive Neuroscience to **Learning**
–Powerful Coaching Questions



NEUROCOMB25®



March 29,
Saturday
Aleksandra
Halchenko

14:00-
16:15 UK
Time

2D Affective Neuroscience (Happiness):

*Direct Link to Education through Hedonia
Coaching Questions on Hedonia*

Practical Coaching Conversations around
“Happiness in Learning”

*Indirect Link to Education through
Eudaimonia*

Coaching Questions on Eudaimonia.

Practical Coaching Conversations around
“Happiness for Learning”

Linking Happiness Studies to **Unlearning** –
Powerful Coaching Questions

(0.5 CC, 0.5 RD)

3D Conative Neuroscience (Future):

Direct Link to Education through Futures Literacy
*(a shift from knowledge consumer to knowledge
creator)*

Coaching Questions on Futures Literacy
Practical Coaching Conversations around Futures
Literacy

Indirect Link to Education through Systems
Thinking *(leveraging pre-existing knowledge to
create new knowledge)*



NEUROCOMB25®



**April 4
Saturday
Aleksandra
Halchenko**

**14:00-
16:15 UK
Time**

Coaching Questions on Systems Thinking
Practical Coaching Conversations around Systems Thinking

Linking Future Studies to **Relearning** —Powerful Coaching Questions
(1.5 CC, 0.5 RD)

Linking **Cognitive Neuroscience** to **Learning** — Powerful Coaching Questions
Linking **Affective Neuroscience (Happiness)** to **Unlearning** —Powerful Coaching Questions
Linking **Conative Neuroscience (Future)** to **Relearning** —Powerful Coaching Questions

Connecting the Dots.
Bonsai Executive Coaching™ Initial session with a new client. Bonsai Executive Coaching™ Ethics Protocol (Signing)
Pre-Session Reflection Questions
Goal Setting. Managing Bonsai Coaching Engagement.
Cognitive, Affective, Conative Sessions
Review Sessions
Coaching Practice and The Final Oral Assessment (Initial Session) Explanation.
(1.5 CC, 0.5 RD)



NEUROCOMB25®



--	--	--