

QTS Tutor Network

Learning, Unlearning & Relearning

Preparing children for a future where learning how to learn is the most essential skill

"“Learning how to learn” will be the next generation’s most needed skill. It’s very hard to predict the future — the only thing you can say for certain is that huge change is coming.”

— Demis Hassabis, Nobel Laureate & CEO, Google DeepMind — Athens, September 2025

Metacognition Is Taught Through Every Subject

Metacognition is not a separate subject — it is taught through every subject your child already studies.

Research consistently shows that the most effective way to teach children how to learn is not to add a new lesson to their timetable, but to weave metacognitive strategies directly into Maths, English, Science, and every other subject they are already working on.

Our QTS-qualified teachers do exactly this. While covering the national curriculum — SQA, GCSE, and A-Level content — they simultaneously teach your child to monitor their own understanding, identify what they don't yet know, and rebuild knowledge more deeply. The subject is the vehicle. The destination is a child who knows how to learn anything.

This is what the Education Endowment Foundation identifies as one of the highest-impact, most cost-effective interventions available — and it is what every session in our network is designed to deliver.

What the science says about metacognition in tutoring

The Education Endowment Foundation rates metacognition and self-regulation as +7 months of additional progress per year — among the highest-impact strategies in education. Critically, this effect is strongest when metacognition is embedded within subject teaching, not delivered as a standalone programme: children learn to think about their thinking by actually doing Maths, writing essays, and solving problems, with a teacher who draws attention to the process, not just the answer. Our QTS-trained teachers are specifically trained to do this — every session is both a subject lesson and a metacognition lesson.

+7

Months of additional progress per year from metacognitive teaching — Education Endowment Foundation

Three Neurosciences, One Programme

Our QTS teachers are trained across all three branches — an integration unavailable in any other tutoring network worldwide.

I Cognitive neuroscience <i>How we know</i> The science of how the brain builds, challenges, and rebuilds knowledge. Our teachers understand not just what children learn in each subject, but the precise cognitive processes by which understanding forms, breaks down, and is rebuilt more deeply through the Learning, Unlearning & Relearning cycle.	II Affective neuroscience <i>How we feel — the science of wellbeing</i> Emotion and wellbeing are not peripheral to learning — they are structural conditions for it. A child who feels safe, seen, and motivated learns at an entirely different level. Our QTS teachers are trained to create that environment in every online session.	III Conative neuroscience <i>How we become — future studies</i> The science of intention, agency, and future thinking. We help children connect what they are learning today — in their actual subjects — to who they are becoming. This is the drive that sustains learning across a lifetime of radical change.
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Who We Work With

Whether you are a family seeking transformation, a QTS teacher seeking purpose, or an agency seeking distinction.

 FOR FAMILIES Give your child the skill that outlasts every exam Online tutoring with QTS-qualified teachers who teach the national curriculum and simultaneously build your child's metacognitive skills — exactly as research recommends. Available worldwide. • All teachers hold UK QTS or PGCE • Metacognition taught through your child's subjects • SQA, GCSE & A-Level curriculum aligned • Cognitive, affective & conative neuroscience • Online — any country, any time zone • Free initial consultation	 FOR QTS & PGCE TEACHERS Teach in a way that reflects why you became a teacher Join a worldwide professional network that trains you in the neuroscience of learning and places you with students who need exactly the qualified, research-grounded teaching you offer. • UK QTS or PGCE qualification required • Full training in L / U / R methodology • Cognitive, affective & conative neuroscience CPD • Flexible online hours worldwide • Central booking & client management • Peer community & CPD recognition	 FOR AGENCIES & PARTNERS The premium provision Demis Hassabis was pointing toward A worldwide network of QTS-verified teachers delivering the only neuroscience-grounded tutoring programme built on Learning, Unlearning & Relearning — through every subject, not alongside it. • QTS-verified provision globally • Research-backed, published methodology • Co-branded & referral packages available • Suitable for schools, consultancies & L&D • White-label options on request
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